



St Oswald's Primary School



NEWSLETTER

10th February 2026

Inclusive, creative, aspirational, experiencing life in all its fullness

Diary Dates

Monday 9th February

Internet Safety Week begins

Thursday 12th February

Year 4, 5 & 6—Play in a day
(performance at 2:50pm—parents/
carers welcome)

Class 2—South Lakes Farm Experience

Friday 13th February

Break up for Half Term
Friends' Valentines Disco

Monday 23rd February

Spring 2 Term begins

Tuesday 10th March

Parents' Evening (letter to follow)

Thursday 12th March

Parents' Evening (letter to follow)

Class 1 High Borrans

Class 1 will be attending High Borrans on Thursday 26th February. We have our fingers crossed for sun!

The children will rotate through a variety of exciting outdoor activities, including: A local walk and explore, the ropes course and orienteering.

Safer Internet Week

This week we are taking part in Safer Internet Week, with a range of activities taking place across the school. National Safer Internet Day is on Tuesday 10th February, encouraging children and adults to think about how we can all use the internet safely, responsibly and positively.

This year's theme focuses on smart tech and safe choices, helping pupils understand how to navigate the online world with confidence and care. Throughout the week, children will be involved in a variety of age-appropriate activities, including online live lessons, internet safety puzzles and quizzes, class discussions, and poster creation to share key online safety messages.

On Thursday 12th February, pupils in Years 4, 5 and 6 will take part in a Play in a Day, designed around being safe online. Parents and carers are invited to attend the afternoon performance at 2:50pm in the school hall. You will not need tickets to attend the performance but we are limited to 2 audience members per child—please fill in the slip at the bottom of the letter sent home and return to school.

Class 2—South Lakes Farm Experience

Class 2 have been invited by South Lakes Farm Experiences to visit Kirket Nook Farm, Witherslack on Thursday 12th February.

During the visit, children will take part in a guided tour of the lambing shed, meet sheep and lambs, learn how farmers care for them, help feed the animals, and enjoy hands-on activities such as practising lamb tagging. The visit will finish with the opportunity to meet and bottle-feed the farm's pet lambs.

More information can be found on the letter that was sent home.

Class 3—Healthy Eating Topic

Class 3 have been working extremely hard over the last few weeks learning about how to stay healthy, they have been conducting research throughout school to see how our school can be healthier. Some of their fantastic work is featured below.

Healthy eating

This term class 3 are learning about Healthy Eating.

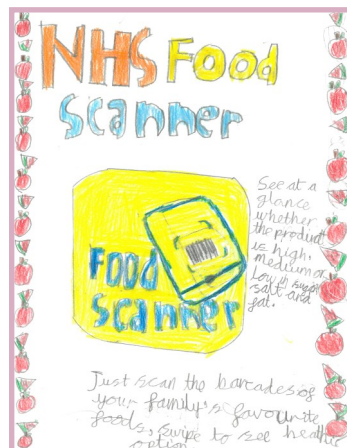
We have discovered this NHS Food scanner app.

It helps you find out how much sugar, salt or fat there is in your food.

You may want to find out more at home.

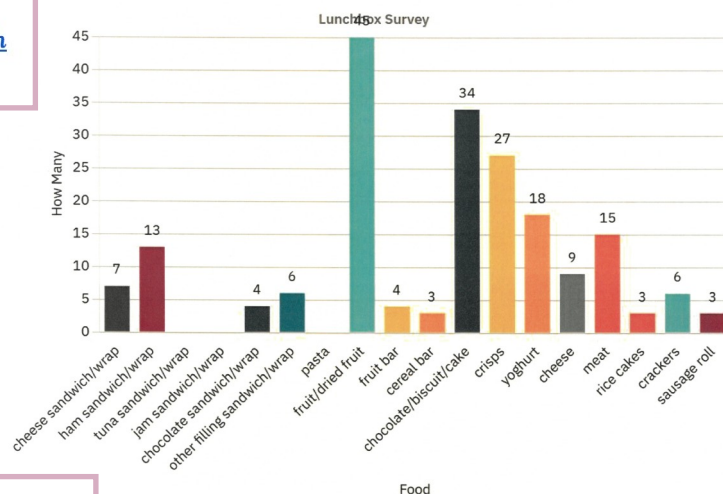
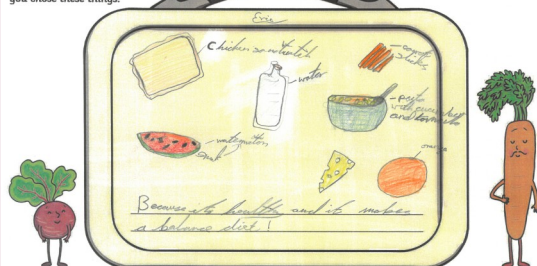
There is a link below to see what it is like.

<https://www.nhs.uk/healthier-families/food-facts/nhs-food-scanner-app/>



Carrot Club Healthy Lunchbox

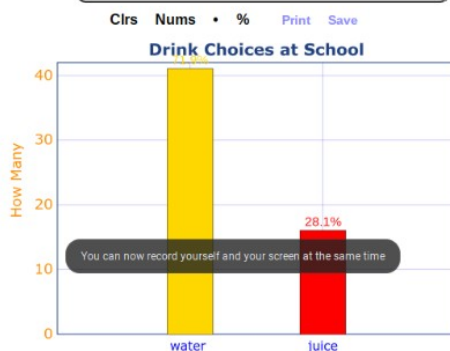
Can you design a healthy lunchbox?
Write a sentence to explain why you chose these things.



Title: Drink Choice X: Drink Y: How Many

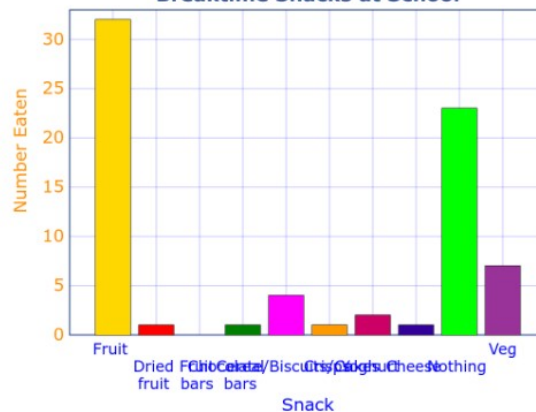
Values: 41, 16

Labels: water, juice



Brannock and Kaleb have investigated drinks. They surveyed everyone at breaktime to find what they had in their water bottles. Their results showed that most people are bringing water in their bottles which is great news as we have found out that water is the best thing to keep us hydrated and ready to learn.

Breaktime Snacks at School



In Class 3, we have been learning about being healthy. We have been investigating snacks in school. So at breaktime, Phoebe and Layla asked everyone in school what they had for their snack. The results were very good with most people choosing fruit and only a couple of people bringing an unhealthy snack.

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Teaching Student in Class 2

We are pleased to welcome Miss Semple, a teaching student from the University of Cumbria, who has recently joined our school. She will be working alongside staff in Class 2 until Easter, supporting teaching and learning as part of her university placement. We're sure the children will enjoy working with her and wish her every success



Class 1 Artwork on Display at the Church

Class 1 have created a bright and imaginative display for our church, titled "We Are Super!". The artwork shows the children's own superhero designs, each one reflecting their ideas about what it means to be strong, kind, and helpful.

The display was put together by Mrs Walton, and we are very grateful for the time and care she put into it. The children were proud to see their artwork shared in the community.



Valentine's Disco

The Friends of St Oswald's are hosting a Valentine's Disco on Friday 13th February at Burneside Cricket Club, from 7:00–9:00pm.

The cost is £2 per child, and all children must be accompanied by an adult for the duration of the disco. There will be plenty to enjoy on the night, including hot dogs, a toy stall, face painting and glitter tattoos. Everyone is welcome!

Class 2 Visitor – Zoobidoo Animal Experience

Class 2 welcomed Zoobidoo into school as part of their learning about dinosaurs. During the visit, the children were introduced to a fascinating range of reptiles, amphibians and insects.

The children learned lots of interesting facts and had the opportunity to handle some of the animals under close supervision.

The visit was a fantastic experience, and the children thoroughly enjoyed it. A big thank you to Zoobidoo!



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