

Year 1 & 2 Year A

Me and My Relationships

- My feelings (R)
- My feelings (2) (R)
- Why we have classroom rules (Y1)
- Who can help me (R)
- Thinking about feelings (Y1)
- Our feelings (Y1)

Rights and Respect

- Looking after my special people (R)
- Harold has a bad day (Y1)
- Around and about the school (Y1)
- Looking after my friends (R)
- Being helpful at home and caring for our classroom (R)
- Basic first aid (Y1)

Valuing Difference

- I'm special, you're special (R)
- Same or different? (Y1)
- Unkind, tease or bully? (Y1)
- I am a friend (R)
- I am caring (R)
- It's not fair (Y1)

Being My Best

- Bouncing back when things go wrong (R)
- Yes I can (R)
- I can eat a rainbow (Y1)
- Move your body (R)
- Healthy eating (R)
- Harold learns to ride his bike (Y1)

Keeping Safe

- What's safe to go onto my body (R)
- Super sleep (Y1)
- Safe indoors and outdoors (R)
- Listening to my feelings (R)
- Sharing pictures (Y1)
- Me and my body – girls and boys (Y1)

Growing and Changing

- Life Stages – plants, animals, humans (R)
- Life stages: Human life stage – who will I be? (R)
- Healthy me (Y1)
- Where do babies come from? (R)
- Taking care of a baby (Y1)
- Surprises and secrets (Y1)

Year 1 & 2 Year B

Me and My Relationships

- Me and my special people (R)
- How are you listening? (Y1)
- Good friends (Y1)
- All about me (R)
- What makes me special (R)
- Feelings and bodies (Y1)

Rights & Respect

- Looking after money (1): recognising, spending, using (R)
- Looking after money (2): saving money and keeping it safe (R)
- Taking care of something (Y1)
- Caring for our world (R)
- Harold's money (R)
- How should we look after our body? (Y1)

Valuing Difference

- Same and different families (R)
- Same and different homes (R)
- Harold's school rules (Y1)
- Same and different (R)
- Who are our special people? (Y1)
- Our special people balloons (Y1)

Being my best

- My healthy mind (R)
- Eat well (Y1)
- Pass on the praise (Y1)
- A good night's sleep (R)
- Harold's wash and brush up (Y1)
- Catch it! Bin it! Kill it! (Y1)

Keeping Safe

- Keeping myself safe – what's safe to go into my body (inc. medicines) (R)
- Who can help (1) (Y1)
- Good or bad touches (Y1)
- Keeping safe online (R)
- People who help to keep me safe (R)
- What could Harold do? (Y1)

Growing and Changing

- Seasons (R)
- Then and now (Y1)
- Who can help (2) (Y1)
- Getting bigger (R)
- Me and my body – girls and boys (R)
- Keeping privates private (Y1)

Year 3 & 4 Year A

Me and My Relationships

- Our ideal classroom (1) (Y2)
- Looking after our special people (Y3)
- Dan's Dare (Y3)
- Types of bullying (Y2)
- Don't do that (Y2)
- Friends are special (Y3)

Rights & Respect

- Playing games (Y2)
- Harold saves for something special (Y2)
- Helping each other to stay safe (Y3)
- How can we look after our environment? (Y2)
- Our helpful volunteers (Y3)
- Can Harold afford it? (Y3)

Valuing Difference

- What makes us who we are (Y2)
- Respect and challenge (Y3)
- Family and friends (Y3)
- When someone is feeling left out (Y2)
- An act of kindness (Y2)
- Our friends and neighbours (Y3)

Being My Best

- You can do it! (Y2)
- My day (Y2)
- Poorly Harold (Y3)
- Harold's bathroom (Y2)
- Top talents (Y3)
- For or against? (Y3)

Keeping Safe

- Harold's picnic (Y2)
- How safe would you feel? (Y2)
- Safe or unsafe? (Y3)
- Danger or risk? (Y3)
- Fun or not? (Y2)
- Help or harm (Y3)

Growing and Changing

- A helping hand (Y2)
- Relationship tree (Y3)
- Body Space (Y3)
- Haven't you grown! (Y2)
- My body, your body (Y2)
- My changing body (Y3)

Year 3 & 4 Year B

Me and My Relationships

- How are you feeling today? (Y2)
- As a rule (Y3)
- How can we solve the problem? (Y3)
- Let's all be happy! (Y2)
- Being a good friend (Y2)
- Thunks (Y3)

Rights & Respect

- Feeling safe (Y2)
- Recount task (Y3)
- Getting on with others (Y2)
- When I feel like erupting (Y2)
- Harold's environmental project (Y3)
- Earning money (Y3)

Valuing Difference

- My special people (Y2)
- How do we make others feel? (Y2)
- My community (Y3)
- Solve the problem (Y2)
- Zeb (Y3)
- Let's celebrate our difference (Y3)

Being My Best

- Harold's Postcard – helping us to keep clean and healthy (Y2)
- Basic first aid (Y2)
- Body team work (Y3)
- What does my body do? (Y2)
- Derek cooks dinner! (healthy eating) (Y3)
- I am fantastic (Y3)

Keeping Safe

- What should Harold say? (Y2)
- I don't like that (Y2)
- The risk robot (Y3)
- Should I tell? (Y2)
- Super searcher (Y3)
- Alcohol and cigarettes: the facts (Y3)

Growing and Changing

- Sam moves away (Y2)
- None of your business (Y3)
- Secret or surprise? (Y3)
- Respecting privacy (Y2)
- Some secrets should never be kept (Y2)
- Basic first aid (Y3)

Year 5 & 6 Year A

Me and My Relationships

- Ok or not ok? (part 1)(Y4)
- Ok or not ok? (part 2) (Y4)
- Our emotional needs (Y5)
- Being assertive (Y5)
- Behave yourself (Y6)
- Assertiveness skills (Y6)

Rights and Respect

- Safety in numbers (Y4)
- Why pay taxes (Y4)
- What's the story? (Y5)
- Fact or opinion (Y5)
- Democracy in Britain 1 – Elections (Y6)
- Democracy in Britain 2 – How (most) laws are made (Y6)

Valuing Difference

- The people we share our world with (Y4)
- That is such a stereotype! (Y4)
- Qualities of friendship (Y5)
- Kind conversations (Y5)
- Advertising friendships (Y6)
- Boys will be boys? – challenging gender stereotypes (Y6)

Being My Best

- What makes me ME! (Y4)
- Making choices (Y4)
- Star qualities? (Y5)
- Basic first aid, inc. Sepsis awareness (Y5)
- This will be your life! (Y6)
- Our recommendations (Y6)

Keeping Safe

- Picture wise (Y4)
- Medicines: check the label (Y4)
- Vaping: healthy or unhealthy? (Y5)
- Would you risk it? (Y5)
- Rat Park (Y6)
- What sort of drug is...? (Y6)

Growing and Changing

- Secret or surprise? (Y4)
- Together (Y4)
- How are they feeling? (Y5)
- Taking notice of our feelings (Y5)
- Pressure online (Y6)
- Helpful or unhelpful? Managing change (Y6)

Year 5 & 6 Year B

Me and My Relationships

- An email from Harold! (Y4)
- Different feelings (Y4)
- Collaboration challenge (Y5)
- Give and take (Y5)
- Don't force me (Y6)
- Acting appropriately (Y6)

Rights and Respect

- Who helps us to stay healthy and safe? (Y4)
- It's your right (Y4)
- Spending wisely (Y5)
- Lend us a fiver! (Y5)
- Two sides to every story (Y6)
- Fakebook friends (Y6)

Valuing Difference

- Friend or acquaintance? (Y4)
- Islands (Y4)
- Is it true? (Y5)
- Start, stop, stereotypes (Y5)
- Ok to be different (Y6)
- We have more in common than not (Y6)

Being my Best

- My school community (1) (Y4)
- Basic first aid (Y4)
- It all adds up! (Y5)
- Different skills (Y5)
- What's the risk? (1) (Y6)
- What's the risk? (2) (Y6)

Keeping Safe

- Danger, risk or hazard? (Y4)
- How dare you! (Y4)
- Spot bullying (Y5)
- Play, like, share (Y5)
- Drugs: it's the law! (Y6)
- Alcohol: what is normal (Y6)

Growing and Changing

- All change! (Y4)
- Preparing for changes at puberty (Y4)
- Changing bodies and feelings (Y5)
- Help! I'm a teenager get me out of here! (Y5)
- I look great! (Y6)
- Media Manipulation (Y6)