



Activities	
1	 This week celebrates both National School Sports Week and International Olympic Day. So, all activities this week will have a focus on physical activity and provide opportunities for you to learn more about the Olympics. Register to take part in National School Sport Week at: https://www.youthsporttrust.org/national-school-sport-week-home?utm_source=Active+Cumbria&utm_campaign=deb85615cc-EMAIL_CAMPAIGN_2019_04_25_09_40_COPY_01&utm_medium=email&utm_term=0_4109c452e3-deb85615cc-157095542&mc_cid=deb85615cc&mc_eid=b3f5cfbf1d You will receive free videos and activity cards to help you plan a series of challenges across National School Sport Week at Home. The UK-wide campaign will challenge you to take on your families, friends and neighbours in virtual sporting challenges – helping you to connect at this unprecedented time. 
2	The Tokyo 2020 Games may not be happening this year but you can still get involved with the following activities: <u>Travel to Tokyo Active Challenge – Kindness</u> Have a go at the activity on the school home learning resources called 'TTT Active Challenge Kindness' to explore how you can find happiness through kindness. 
3	<u>Travel to Tokyo Active Challenge – Bringing Nature Indoors</u> Have a go at the activity found on the school home learning resources called 'TTT Active Challenge Bringing Nature Indoors' to find out how connecting to nature helps us to feel happy and healthy. 
4	<u>Travel to Tokyo Active Challenge – Connecting with Older People</u> Have a go at the activity found on the school home learning resources called 'TTT Active Challenge Connecting with Older People' to connect with an older person and find out about games they used to play. 
5	<u>Travel to Tokyo Active Challenge – Random Routines</u> Have a go at the activity found on the school home learning called 'Tokyo Ten Random Routines' for some fun 10 minute activities to get everyone moving! 

There are also lots of good activities on <https://www.bbc.co.uk/bitesize> and you can continue to practise your skills on TTRockstars and SPAG.com.

If you would like to continue to access the English and maths work you can do so using the links below, clicking on the relevant year group.

English - <https://www.hamilton-trust.org.uk/blog/learning-home-packs/> (week 11)

Maths - <https://whiterosemaths.com/homelearning/> The videos are all still available online and the corresponding sheets are now downloaded onto the home learning page.