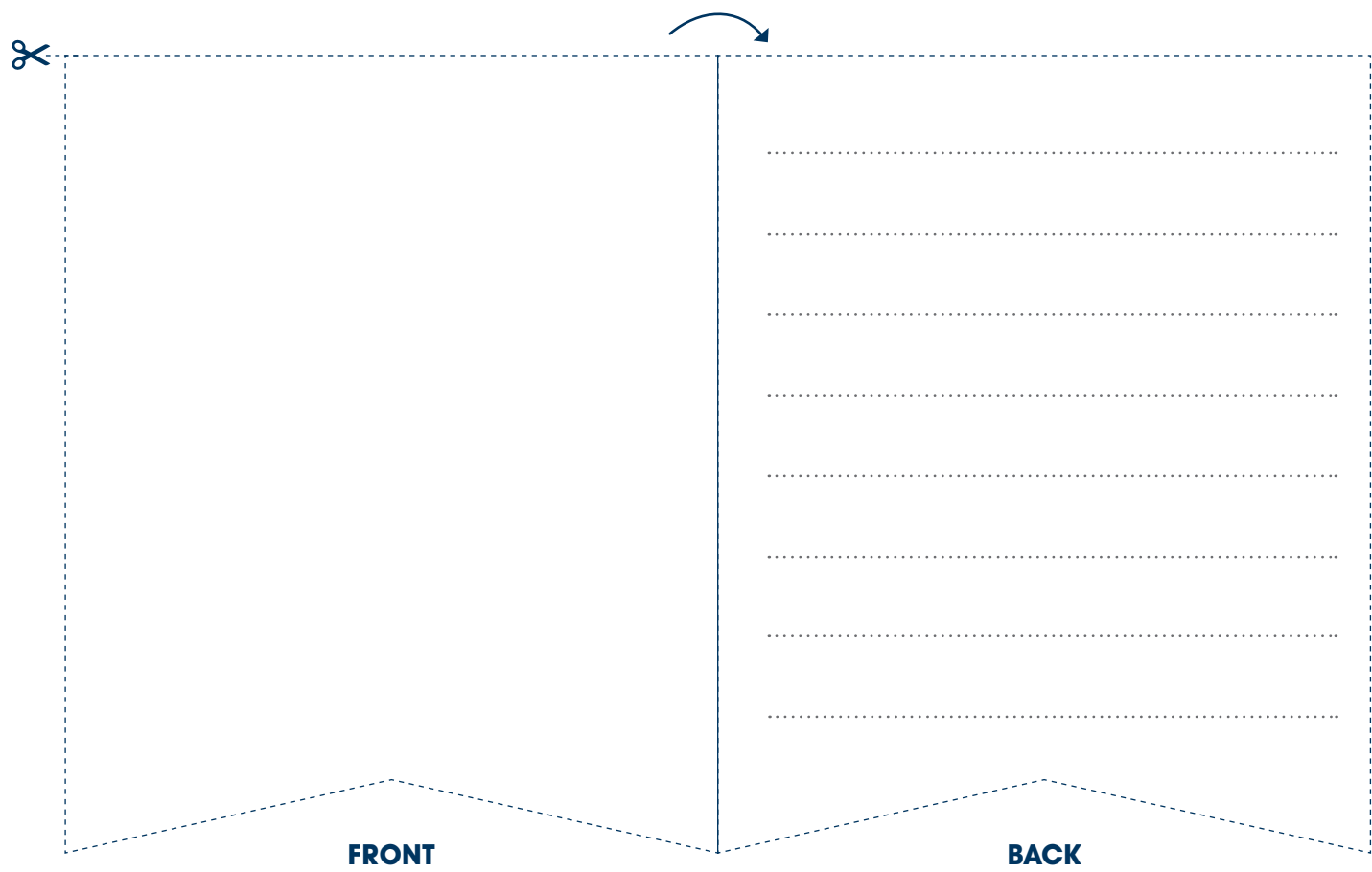


BOOKMARK TEMPLATE

Draw a picture and write a short paragraph to describe a time when you were determined/courageous. Think about:

- What were you being determined/courageous about?
- Why did you have to be determined/courageous?
- How were you determined/courageous?
- How did you feel after you were determined/courageous?

The diagram shows a template for a bookmark. It consists of a large rectangle divided into two sections: 'FRONT' on the left and 'BACK' on the right. The 'FRONT' section is a blank space for drawing. The 'BACK' section contains eight horizontal dotted lines for writing. A dashed line runs along the top and bottom edges of the entire template. A dashed line also runs vertically down the center, separating the front and back sections. A dashed line runs diagonally from the bottom left corner to the center, and another dashed line runs diagonally from the bottom right corner to the center. A pair of scissors icon is located at the top left corner, indicating where to cut. A curved arrow points from the top center towards the right, indicating where to fold.



WORD BANK

* try * brave * scared * decision * give up * keep going * dedicated * difficult * easy * struggle
* calm * resilience * respect * problem * new * bold * confident * happy * proud

KEY WORDS:

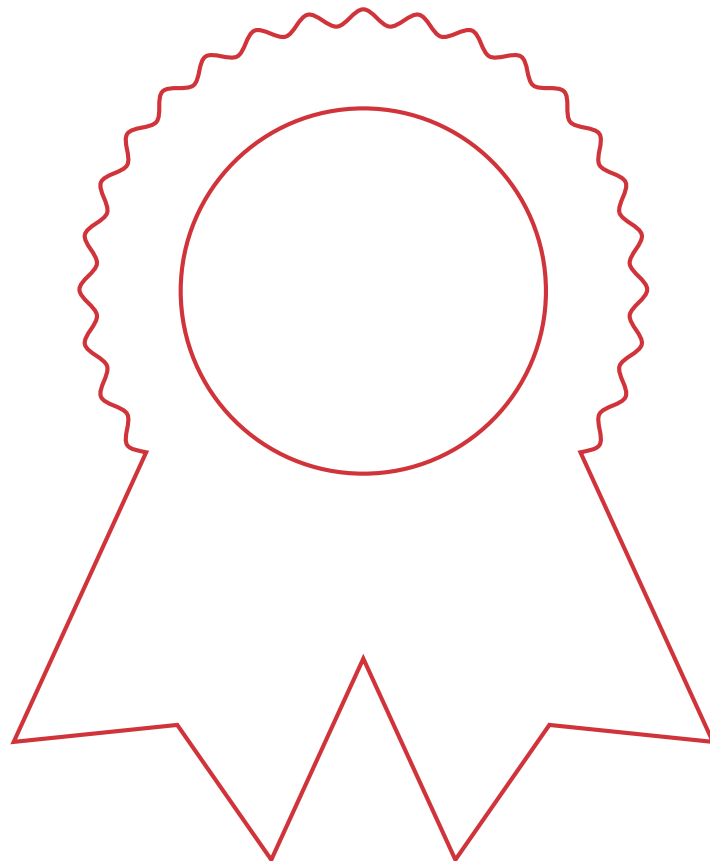
Determination: the firm intention to achieve what you have decided to achieve.

Courage: the ability to face danger or difficulty or pain even when you are afraid.

INSPIRATION ROSETTE TEMPLATE

Fill out the inspiration rosette below for someone or something that inspires you.
Follow the steps to complete the rosette.

1. Write the name of the person/thing that inspires you in the frills around the centre circle.
(E.g. a friend/a famous sportsperson)
2. On the left ribbon, note down why this person/thing inspires you. (E.g. This person is always determined to be their best and regularly practises their skill.)
3. On the right ribbon, note down how this inspiration impacts your life. (E.g. They inspire me to always try harder.)
4. Finally, when asked to, add your inspiration pledge in the centre circle by completing the sentence "I will inspire others to..."

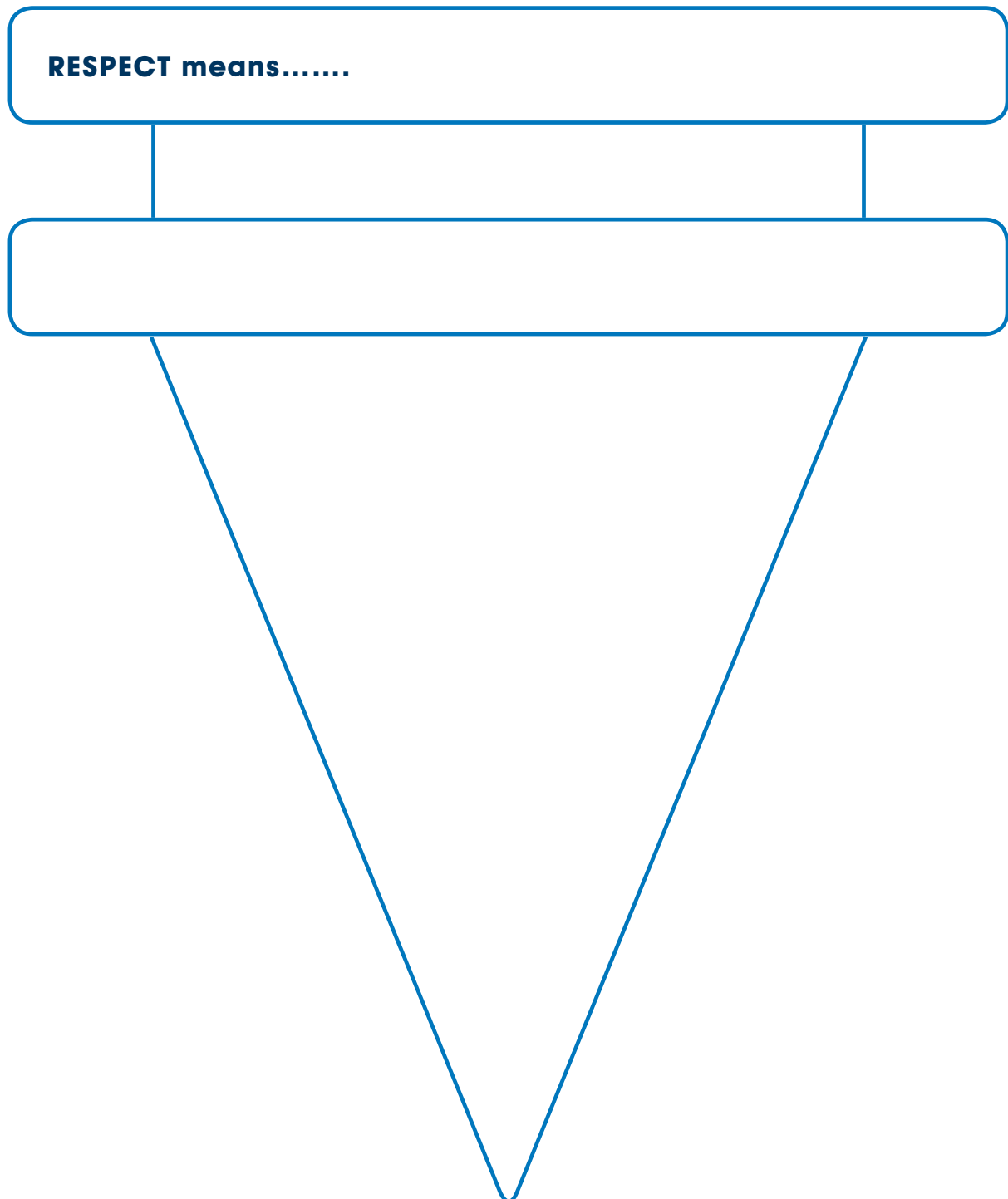


WORD BANK

inspire * work hard * brave * loyal * determined * committed * strong * happy * kind * caring * listen * helpful * encourage * motivate * uplift * improve * skilful * talented * empathy * truth * honesty * respect * creative * amazing * confident * different * unique

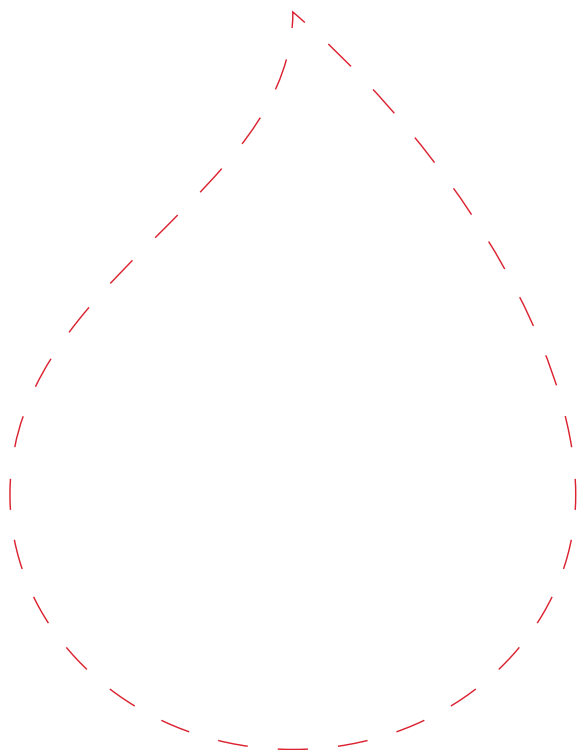
RESPECT TORCH BASE TEMPLATE

Print and cut out the Respect Torch Base.

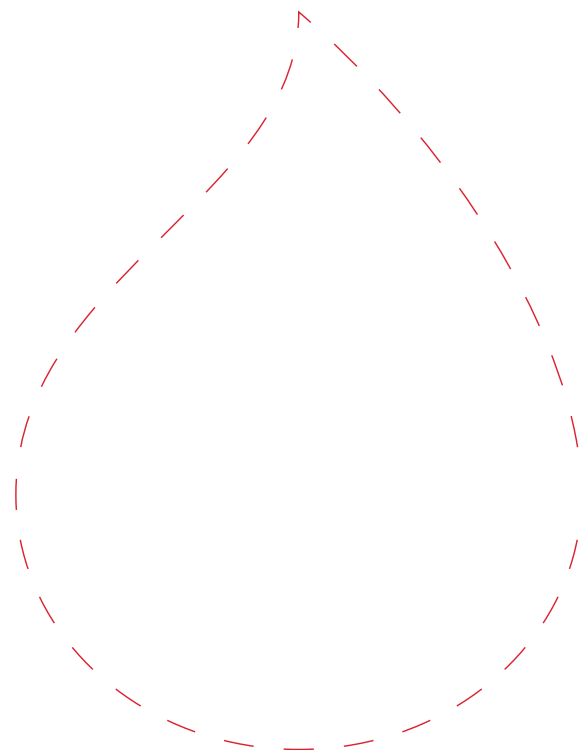


RESPECT TORCH FLAME

Write an example of how we can show respect in the flame below.
Cut out your flame and add it to the Respect Torch Base.

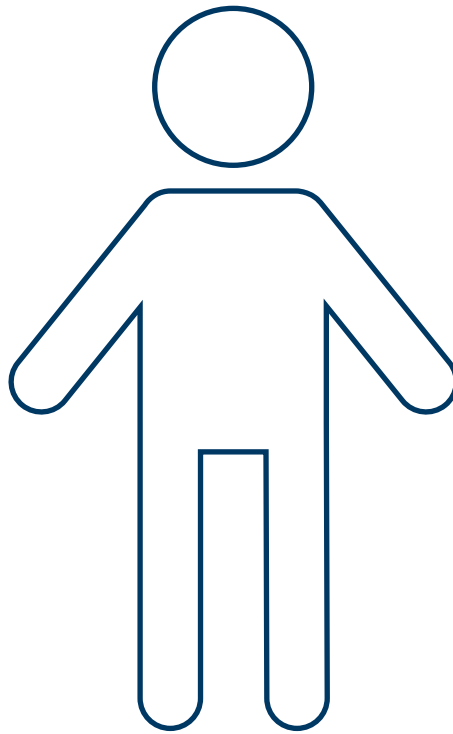


How will you show respect? Write how you will show respect
to yourself or others in the flame below.



SUPER FRIEND TEMPLATE

Using the Super Friend Template, draw and annotate the qualities you might find in a superhero with friendship superpowers. For example, supersonic hearing for a good listener.



My superhero's name is:

Use your drawing and notes to create a short paragraph to introduce your superhero.

.....

.....

.....

.....

WORD BANK

kind * caring * good listener * supportive * brave * fun * reliable * responsible * honest * cheerful * generous * giving * attentive * trustworthy * truthful * sensitive * loyal * nice * supersonic * strong * cape * flying * special * huge * x-ray vision * radioactive * fast * daring * selfless * hug * considerate * accepting * extraordinary * open * sharing * unique